In the Abstract:

Amend the Abstract as follows:

A safety toggle bolt. According to one aspect of the invention, a A safety toggle bolt according to the invention includes a flexible cable having a proximal end having an anchoring attachment, and a toggle bar pivotally connected to a distal end of the cable. The toggle bar is adapted for pivoting between a closed position for insertion through the hole into the opening space and an open position in which the toggle bar cannot be withdrawn from the opening space back through the hole.